The Catholic Communities of St. Joseph's St. Patrick's & St. Paul's

United in Faith

Parish Priest

Fr. Thaddeus Orga

Cell: (902) 919-9827
Glebe: (902) 783-2631
Email: tvc30orga@gmail.com

St. Joseph's Church

2730 Ohio East Rd., PO Box 1022,
Antigonish, NS B2G 2S3

Mass Time: Saturday 4:00 pm

Parish Council Chairperson:
Bill Murphy: (902) 870-6725
bill.murphy1701@gmail.com

St. Patrick's Church

590 Highway 7, Lochaber, NS B2G 2L3
Phone: (902) 783-2631

Mass Time: Sunday 10:00 am

Parish Council Chairperson:
Carol Young: (902) 783-2462
youngcarip@gmail.com

St. Paul's Church

8033 Hwy 7, Sherbrooke, NS B0J 3C0

Mass Time: Sunday 11:30 am

Parish Council Chairperson:
Rennie Beaver: (902) 870-7840
aubrey.carol@ns.sympatico.ca

Website

www.saintjosephscatholicchurch.org

✝ Lenten Program ✝

Lenten Observance: Stations of the Cross

St. Joseph's Church: Every Saturday @ **3:30 pm**, followed by the Sunday Mass @ 4:00 pm

St. Patrick's, Lochaber: Every Sunday at **9:30 am**, followed by the Sunday Mass @ 10.00 am

St. Paul's, Sherbrooke: Every Sunday **AFTER** the **11:30 am** Mass

Feast of St. Patrick - Tuesday, March 17th

Mass in **St. Patrick's, Lochaber** @ **11:00 am**
(All the parishioners of the three churches are invited)

Feast of St. Joseph, Spouse of the Blessed Virgin Mary - Thursday, March 19th

Mass in **St. Joseph's Church** @ **11:00 am**
(All the parishioners of the three churches are invited)

Third Sunday of Lent

March 8th, 2026

🙏 Prayer Requests 🙏

Father God

We lift up all those who are facing illness today. We ask that you would bring healing, comfort, and peace to their bodies, calm their fears, and let them experience the healing power of your Love.
In Jesus' name. Amen

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The SJ Hillside Cemetery Association
Registered Charity for St. Joseph's Cemetery
Mail: 1013 Hwy 4, James River, NS B2G 2K8
Phone: 902-867-1160 Email:
hillsidecemeteryassociation@gmail.com

St. Joseph's Parish

Revised Covid -19 Protocols

St. Joseph's Parish Council continues to support the wearing of masks and sanitizing of hands. The pandemic may be over, but the health risks of severe infection are not.

Please be kind and considerate of our many elderly and vulnerable parishioners, and stay home if you are coughing or sneezing, or have any other symptoms of Covid-19.

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Collections

Saturday February 28th

Regular $485 (20); Ash Wednesday-Church Maintenance $20 (1); Social Action $20 (1); Fuel Fund $50 (1) (Fuel Fund collection 2026 to date = $655)

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Readers

Saturday March 7th — Carl MacDonald

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PLEASE NOTE

As is our practice, we will be changing the time for the Mass on Saturday to 5:00 pm, starting on March 14th following the switch to Daylight Savings Time.

Please spread the word, and let your fellow parishioners know about the time change if they do not usually see or read the bulletin. Thank you!

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Website

Resources for Prayer and Reflection

The bulletin, scripture readings, homily, and other resources for prayer and reflection, are available on our website each week by **Friday** evening.

Recent addition: Seven Ears of Grain, March 2nd

Go to: www.saintjosephscatholicchurch.org

Bulletin Submissions

Please send to Jean Collins at **jeanpcollins@icloud.com** or call **902-863-2482** before **Thursday**.

Please let me know if you would like to receive a copy of the bulletin each week via email.

Our Parish Priest

Fr. Thaddeus Chickezie Orga

In addition to serving at Mass and on our Parish Councils, Fr. Thaddeus is available for baptisms, weddings, and funerals, to bless your home, to pray for yourself and your loved ones, to hear confessions, to anoint the sick and dying, to visit with those who are isolated and lonely, and to bring communion to those who are unable to attend Mass.

Fr. Thaddeus can be reached at:
(902) 919-9827 (cell); **(902) 783-2631** (glebe);
and **tvc30orga@gmail.com**

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Lenten Fasting in the words of Pope Francis

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and have trust in God.
Fast from complaints and contemplate simplicity.
Fast from pressures and be prayerful.
Fast from bitterness and fill your hearts with joy.
Fast from selfishness and be compassionate to others.
Fast from grudges and be reconciled.
Fast from words and be silent so you can listen.

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Community Notes

Diocese of Antigonish

Lent as a Time of Conversion

"Every path towards conversion begins by allowing the word of God to touch our hearts and welcoming it with a docile spirit."

In his Lenten message, Pope Leo XIV invites us to open ourselves to listening, fasting, and community, to abstain from words of hatred to make space for words of hope and peace.

https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2026/02/13/260213d.html

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Read Bishop Kirkpatrick's Lenten Letter and resources for your Lenten journey on our website:

https://www.antigonishdiocese.com/lent-2026/

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New National Appeal To Support Ukraine

On the fourth anniversary of the war in Ukraine, the Catholic Near-East Welfare Association (CNEWA Canada) calls on Canadians to renew their support for humanitarian and pastoral programs assisting families and communities in Ukraine that still face the daily realities of the conflict.

Since February 2022, CNEWA, working with church partners on the ground, has provided approximately $10.4 million in aid to Ukraine. This assistance has helped fund emergency shelter, food boxes, hygiene kits, winterization and rebuilding efforts, childcare services, medical and psychological support, pastoral care and the ongoing formation of priests and church workers serving communities that have been most impacted. Projects have also supported people displaced within Ukraine and strengthened the local church's ability to respond to urgent needs.

CNEWA Canada encourages individuals, parishes and community groups to support the appeal through donations, prayer and participation in upcoming events throughout Lent.

To learn more and to donate:

https://cnewa.org/ca/

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Do you receive our diocesan newsletters?

Seven Ears of Grain is emailed each Monday morning, with news and events from our diocese and parishes, plus news and resources from the Vatican and national offices.

Witness of Hope is our seasonal newsletter.

To subscribe, visit **https://www.antigonishdiocese.com/newsletter/**

or email **jennifer@dioceseofantigonish.ca**

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Diocese of Antigonish

A Message From Bishop Wayne Kirkpatrick

Most current Public Health restrictions and mandates have ended, but this does not mean that the risk of infection has ended. It will be important to use personal public health measures, both individually and collectively, to help keep each other safe, especially those who are at risk of severe disease due to age and/or underlying health issues.

Masking and social distancing are no longer required. However, we still encourage masking and social distancing in our churches. We need time to make the adjustment to the "new-normal" as we learn to live with COVID.

I will continue to dispense from the obligation to attend Sunday Mass for people who may not be able to attend for health reasons, as well as for those who care for them.

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Online Masses

Weekly Mass - Livestream (Video)

From St. Ninian's Cathedral

Every Sunday - 10:30 am

On our website: https://www.saintninian.ca

On our Facebook page: https://www.facebook.com/stninian.cathedral/

Mass for Shut-Ins

Now in its 63rd Season on CTV — Sundays at 11:30 am. Previous recordings are available on our **website** and **Diocese of Antigonish YouTube Channel**

Diocese of Antigonish YouTube Channel

https://www.youtube.com/channel/UCPYevnyrNU6zIWHDh8KJ71w

Churches Online

https://www.antigonishdiocese.com/churches-online/

Daily TV Mass:

from the National Catholic Broadcasting Council
https://dailytvmass.com/

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An Act of Spiritual Communion

My Dearest Jesus, I believe that You are present in the most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot, at this moment, receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

March 2026 – Our Clergy

Su	1	Pope Leo XIV
Mo	2	Bishop Wayne Kirkpatrick
Tu	3	Seminarians
We	4	Candidates to Permanent Diaconate
Th	5	Deacon Fernand Boivin
Fr	6	Fr. Daniel Boudreau
Sa	7	Fr. Donald Boudreau
Su	8	Fr. Andrew Boyd
Mo	9	Fr. Bill Burke
Tu	10	Deacon Sander Burke
We	11	Fr. Charles Cameron
Th	12	Fr. Jaison Cheriya
Fr	13	Fr. Barrett Clare-Johnson
Sa	14	Deacon Robert Coleman
Su	15	Fr. William Crispo
Mo	16	Fr. Duaine Devereaux
Tu	17	Fr. Evo Di Pierro
We	18	Fr. Daniel Doucet
Th	19	Fr. Bedford Doucette
Fr	20	Deacon Michael Doyle
Sa	21	Fr. Anthony Eboh
Su	22	Fr. Conrad Edwards
Mo	23	Fr. Vincent Emezue
Tu	24	Fr. Andrew Gillies
We	25	Deacon Berkley Guthro
Th	26	Fr. Raymond Huntley
Fr	27	Fr. Macdonald Ibeh
Sa	28	Fr. Fabian Ihunegbo
Su	29	Deacon Walter Ivany
Mo	30	Fr. Alphonsus Iwuji
Tu	31	Fr. Godwin Kalu

Daily Prayers

Diocese of Antigonish

Please Pray for a Clergy and Community Each Day

Let us pray for priests and deacons:

The Holy Father
Fill him with your grace, Lord.

Our Bishop
Give him your gifts, Lord
Diocesan Priests and Deacons
Never leave them, Lord
Priests in seminary work
Give them your wisdom, Lord

Those in hospital work
Give them constancy, Lord
Those who are ill
Heal them, Lord.
Those who are in danger
Deliver them, Lord.
Those who are weak
Strengthen them, Lord.
Those who are poor
Relieve them, Lord
Those who are zealous
Help them, Lord.

Those who are worried
Give them peace, Lord
Those who are old
Sustain them, Lord.
Those who are young
Impel them for your glory, Lord.

Those who are alone
Accompany them, Lord.
Missionary Priests
Protect them, Lord.
Those who preach
Enlighten them, Lord.
Those who direct souls
Instruct them, Lord.
Parish priests
Give them prudence, Lord.
On all the Church
---Lord, have mercy

March 2026 – Our Communities

Su	1	Waycobah
Mo	2	Westmount
Tu	3	West Bay Road
We	4	Westville
Th	5	Whitney Pier
Fr	6	Albert Bridge
Sa	7	Alder Point
Su	8	Antigonish
Mo	9	Arichat
Tu	10	Arisaig
We	11	Baddeck
Th	12	Ballantyne's Cove
Fr	13	Barra Head
Sa	14	Big Pond
Su	15	Boisdale
Mo	16	Boularderie
Tu	17	Bras d'Or
We	18	Bridgeport
Th	19	Broad Cove
Fr	20	Brook Village
Sa	21	Canso
Su	22	Cheticamp
Mo	23	Creignish
Tu	24	Dingwall
We	25	Donkin
Th	26	East Bay
Fr	27	Eskasoni
Sa	28	Frenchvale
Su	29	Giants Lake
Mo	30	Georgeville
Tu	31	Glace Bay

Embracing Father,
You grace each of us with equal measure in your love.
Let us learn to love our neighbours more deeply,
so that we can create
peaceful and just communities.
Inspire us to use our creative energies
to build the structures we need
to overcome the obstacles
of intolerance and indifference.
May Jesus provide us the example needed
and send the Spirit to warm our hearts for the journey.
Amen

—from Being Neighbor: The Catechism and Social Justice
https://www.usccb.org/prayer-and-worship/prayers-and-devotions/prayers/prayer-for-community

We invite you to use these prayers, offer your own prayers, or offer up Mass, Fasting, Eucharistic Exposition, Rosary. Holy Hour or other devotions. Thank you for helping to spread God's healing love.