

The Catholic Communities of St. Joseph's St. Patrick's & St. Paul's

UNITED IN FAITH

Parish Priest

Fr. Tom Stephan

Cell: (437) 366-0731

Glebe: (902) 783-2631

Email: tomstephan1june@gmail.com

St. Joseph's Church

2730 Ohio East Rd., PO Box 1022,
Antigonish, NS B2G 2S3

Mass Time: Saturday 5:00 pm

Parish Council Chairperson:

Bill Murphy: (902) 863-0909

b.h.murphy@ns.sympatico.ca

St. Patrick's Church

590 Highway 7, Lochaber, NS B2G 2L3

Phone: (902) 783-2631

Mass Time: Sunday 10:00 am

Parish Council Chairperson:

Carol Young: (902) 783-2462

youngcarip@gmail.com

St. Paul's Church

8033 Hwy 7, Sherbrooke, NS B0J 3C0

Mass Time: Sunday 11:30 am

Parish Council Chairperson:

Rennie Beaver: (902) 833-2341

aubrey.carol@ns.sympatico.ca

Website

www.saintjosephscatholicchurch.org



Fourth Sunday in Lent

March 30th, 2025

🙏 **Prayer Requests** 🙏

Father God

We lift up all those who are facing illness today. We ask that you would bring healing, comfort, and peace to their bodies, calm their fears, and let them experience the healing power of your Love.

In Jesus' name. Amen



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The SJ Hillside Cemetery Association

Registered Charity for St. Joseph's Cemetery

Mail: 1013 Hwy 4, James River, NS B2G 2K8

Phone: 902-867-1160 Email:

hillsidcemetryassociation@gmail.com

St. Joseph's Parish

Revised Covid -19 Protocols

St. Joseph's Parish Council continues to support the wearing of masks and sanitizing of hands. The pandemic may be over, but the health risks of a severe infection are not.

Please be kind and considerate of our many elderly and vulnerable parishioners, and stay home if you are coughing or sneezing, or have any other symptoms of Covid-19.

Collections

Saturday March 22nd

Reg. \$570 (23); Loose \$15; Social Action \$20 (1); Missals \$6

Thank You!

Thank you so much to the people from Sherbrooke who repaired our 14th Station of the Cross, which had been damaged during the recent renovations.

George and Jean Cook, Sherri Cook, and Blake Mahar.
Thanks also to Keith Gallant for logistical support.

They did a wonderful job of restoring the Station to it's original condition. I would not have thought it possible but you can see the amazing results below:



Our Parish Priest

Fr. Tom Stephan

In addition to serving at Mass and on our Parish Councils, Fr. Tom organized Religious Education programs for First Holy Communion and Confirmation candidates. He is also available for baptisms, weddings, and funerals, to bless your home, to pray for yourself and your loved ones, to hear confessions, to anoint the sick and dying, to visit with those who are isolated and lonely, and to bring communion to those who are unable to attend Mass.

Fr. Tom can be reached at:

(437) 366-0731 (cell); **(902) 783-2631** (glebe);
and tomstephan1june@gmail.com

Community Events

Sausage and Pancake Breakfast

Antigonish Lions Den, 13 Highland Drive Ext.

Sunday March 30th, 9:00 am - Noon

Donations at the door will go towards the needs of the community.

Handmade Market

Heatherton Community Centre

Saturday April 5th, 10:00 am - 2:00 pm

There will be vendors with baked goods, jewellery, wood crafts, photography, house plants, garden & flower seeds, Easter themed decor and much more. There will also be corn chowder and biscuit for \$5.00 along with a beverage that can also be purchased.

If you wish to participate, please contact Malcolm at maliemac131@gmail.com

Website

Resources for Prayer and Reflection

The bulletin, scripture readings, homily, and other resources for prayer and reflection, are available on our website each week by **Friday** evening.

Recent addition: Seven Ears of Grain, March 24, 2025

Go to: www.saintjosephscatholicchurch.org

Bulletin Submissions

Please send to Jean Collins at jeanpcollins@icloud.com or call **902-863-2482** before **Thursday**.

Diocese of Antigonish

Lent 2025

“Like the faithful who have journeyed before us, may we seek the light of Christ amidst our trials, becoming beacons of hope for others in our communities. This journey is not solely a personal endeavour; it invites us to walk together, sharing our joys and burdens and extending Christ’s love to all.”

- Bishop Wayne Kirkpatrick

Read Bishop Kirkpatrick’s Lenten letter, Lenten message of Pope Francis, and a weekly reflection from diocesan hermit Sheila O’Handley, plus CCCB Journey Through Lent videos and more:

<https://www.antigonishdiocese.com/lent-2025/>

Jubilee Pilgrim’s Way

March 19th – December 28th, 2025

Our Diocesan Pilgrim’s Way for the Jubilee Year includes parishes, shrines, and sacred celebrations honouring namesake saints, cultures, and traditions woven into the rich tapestry of our dioceses at St. Ninian Cathedral, Antigonish.

Passports are being prepared. Map now available online:

<https://www.antigonishdiocese.com/pilgrims-way/>

We are invited to visit any of our diocesan sites on or around their special dates, or at any time throughout the year. Events for each site will be posted online and shared via bulletin notices as details are available.

Healing Mass

Our Lady of Grace Monastery

Saturday, March 29th, 1:30 pm

Father Albert MacPherson, OSA, Augustinian
Healing Ministry



Steubenville Atlantic Youth Conference

Dalhousie University, Halifax

July 11th - 13th, 2025

Inviting high schoolers into a life-changing encounter with Christ.

For details: <https://www.halifaxarmouth.org/pastoral-services/steubenville-atlantic>

Or contact Sarah Robinson of Saint Peter’s Port Hood to register your youth with the Diocese of Antigonish group that will be attending. Phone 902-302-2324 or sarahlizwatts@hotmail.com

Diocese of Antigonish

A Message From Bishop Wayne Kirkpatrick

Most current Public Health restrictions and mandates have ended, but this does not mean that the risk of infection has ended. It will be important to use personal public health measures, both individually and collectively, to help keep each other safe, especially those who are at risk of severe disease due to age and/or underlying health issues.

Masking and social distancing are no longer required. However, we still encourage masking and social distancing in our churches. We need time to make the adjustment to the “new-normal” as we learn to live with COVID.

I will continue to dispense from the obligation to attend Sunday Mass for people who may not be able to attend for health reasons, as well as for those who care for them.

Online Masses

Weekly Mass - Livestream (Video)

From St. Ninian’s Cathedral

Every Sunday - 10:30 am

On our website: <https://www.saintninian.ca>

On our Facebook page: <https://www.facebook.com/stninian.cathedral/>

Mass for Shut-Ins

Sundays at 11:30 am on CTV

Recordings are available for viewing on our [website](#) and on our [Diocese of Antigonish YouTube Channel](#)

Diocese of Antigonish YouTube Channel

<https://www.youtube.com/channel/UCPYevnyrNU6zIWHdH8KJ71w>

Churches Online

<https://www.antigonishdiocese.com/churches-online/>

Daily TV Mass:

from the National Catholic Broadcasting Council
<https://dailytvmass.com/>

An Act of Spiritual Communion

My Dearest Jesus, I believe that You are present in the most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot, at this moment, receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

Daily Prayers for April 2025

April 2025 - Our Clergy	
Tu	1 Pope Francis
We	2 Bishop Wayne Kirkpatrick
Th	3 Seminarians
Fr	4 Candidates to Permanent Diaconate
Sa	5 Fr. Gary MacPherson
Su	6 Fr. Allan MacPhie
Mo	7 Fr. Albert Maroun
Tu	8 Deacon Duncan McMaster
We	9 Deacon Barry Miller
Th	10 Fr. Eugene Morris
Fr	11 Fr. John Morrison
Sa	12 Fr. Douglas Murphy
Su	13 Deacon Greg Murphy
Mo	14 Fr. Paul Murphy
Tu	15 Fr. Jonathan Nnajiolor
We	16 Fr. Anthony O'Connor
Th	17 Fr. Godwin Obike
Fr	18 Fr. James Oliver
Sa	19 Fr. Victor Ozoneh
Su	20 Fr. Frank Pellerin
Mo	21 Fr. David Rankin
Tu	22 Deacon Art Riley
We	23 Fr. Pierre Antoine St Cyr
Th	24 Fr. Sunny Sebastian
Fr	25 Deacon Roy Smith
Sa	26 Fr. Tom Stephan
Su	27 Deacon Tom Sylliboy
Mo	28 Fr. Daniel Tshimbalanga
Tu	29 Fr. Jonas Uwaezuoke
We	30 Deacon Henry van de Wiel



Daily Prayers Diocese of Antigonish

Please Pray for a Clergy and Community Each Day

Let us pray for priests and deacons:

The Holy Father

Fill him with your grace, Lord.

Our Bishop

Give him your gifts, Lord

Diocesan Priests and Deacons

Never leave them, Lord

Priests in seminary work

Give them your wisdom, Lord

Those in hospital work

Give them constancy, Lord

Those who are ill

Heal them, Lord.

Those who are in danger

Deliver them, Lord.

Those who are weak

Strengthen them, Lord.

Those who are poor

Relieve them, Lord

Those who are zealous

Help them, Lord.

Those who are worried

Give them peace, Lord

Those who are old

Sustain them, Lord.

Those who are young

Impel them for your glory, Lord.

Those who are alone

Accompany them, Lord.

Missionary Priests

Protect them, Lord.

Those who preach

Enlighten them, Lord.

Those who direct souls

Instruct them, Lord.

Parish priests

Give them prudence, Lord.

On all the Church

---Lord, have mercy

April 2025 - Our Communities	
Tu	1 Lakevale
We	2 Larry's River
Th	3 Lincolnville
Fr	4 Lismore
Sa	5 Little Bras d'Or
Su	6 Little Dover
Mo	7 Lochaber
Tu	8 Louisbourg
We	9 Louisdale
Th	10 Lower River Inhabitants
Fr	11 Mabou
Sa	12 Main-à-Dieu
Su	13 East Margaree
Mo	14 North East Margaree
Tu	15 South West Margaree
We	16 Marion Bridge
Th	17 Maryvale
Fr	18 Membertou
Sa	19 Monastery
Su	20 Mulgrave
Mo	21 New Glasgow
Tu	22 New Waterford
We	23 North Sydney
Th	24 Paqtnkek
Fr	25 Petit de Grat
Sa	26 Pictou
Su	27 Pictou Landing
Mo	28 Pomquet
Tu	29 Port Felix
We	30 Port Hawkesbury



Embracing Father,
You grace each of us with equal measure in your love.
Let us learn to love our neighbours more deeply,
so that we can create
peaceful and just communities.
Inspire us to use our creative energies
to build the structures we need
to overcome the obstacles
of intolerance and indifference.
May Jesus provide us the example needed
and send the Spirit to warm our hearts for the journey.
Amen

—from *Being Neighbor: The Catechism and Social Justice*
<https://www.usccb.org/prayer-and-worship/prayers-and-devotions/prayers/prayer-for-community>

We invite you to use these prayers, offer your own prayers, or offer up Mass, Fasting, Eucharistic Exposition, Rosary, Holy Hour or other devotions. Thank you for helping to spread God's healing love.