

# The Catholic Communities of St. Joseph's St. Patrick's & St. Paul's

## UNITED IN FAITH

### Parish Priest

Fr. Tom Stephan

Cell: (437) 366-0731

Glebe: (902) 783-2631

Email: [tomstephan1june@gmail.com](mailto:tomstephan1june@gmail.com)

### St. Joseph's Church

2730 Ohio East Rd., PO Box 1022,  
Antigonish, NS B2G 2S3

**Mass Time: Saturday 4:00 pm**

Parish Council Chairperson:

Bill Murphy: (902) 863-0909

[b.h.murphy@ns.sympatico.ca](mailto:b.h.murphy@ns.sympatico.ca)

### St. Patrick's Church

590 Highway 7, Lochaber, NS B2G 2L3

Phone: (902) 783-2631

**Mass Time: Sunday 10:00 am**

Parish Council Chairperson:

Carol Young: (902) 783-2462

[youngcarip@gmail.com](mailto:youngcarip@gmail.com)

### St. Paul's Church

8033 Hwy 7, Sherbrooke, NS B0J 3C0

**Mass Time: Sunday 11:30 am**

Parish Council Chairperson:

Rennie Beaver: (902) 833-2341

[aubrey.carol@ns.sympatico.ca](mailto:aubrey.carol@ns.sympatico.ca)

### Website

[www.saintjosephscatholicchurch.org](http://www.saintjosephscatholicchurch.org)



## First Sunday in Lent

March 9<sup>th</sup>, 2025



Father God

We lift up all those who are facing illness today. We ask that you would bring healing, comfort, and peace to their bodies, calm their fears, and let them experience the healing power of your Love.

In Jesus' name. Amen



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**The SJ Hillside Cemetery Association**

Registered Charity for St. Joseph's Cemetery

Mail: 1013 Hwy 4, James River, NS B2G 2K8

Phone: 902-867-1160 Email:

[hillsidcemetryassociation@gmail.com](mailto:hillsidcemetryassociation@gmail.com)

## St. Joseph's Parish

### Revised Covid -19 Protocols

St. Joseph's Parish Council continues to support the wearing of masks and sanitizing of hands. The pandemic may be over, but the health risks of a severe infection are not.

**Please be kind and considerate** of our many elderly and vulnerable parishioners, and stay home if you are coughing or sneezing, or have any other symptoms of Covid-19.

### Collections

#### Saturday March 1<sup>st</sup>

Regular \$960 (29); Loose \$23; Ash Wednesday- Church Maintenance \$70 (2)

**Income tax receipts** for donations in 2024 will be available at the back of the church on **Saturday March 8<sup>th</sup>**.

### REMINDER

### MASS TIME CHANGE

Consistent with past practice of changing the Saturday Mass time with the annual shift to Atlantic Daylight Savings time, the **Saturday Mass will be held at 5:00 pm beginning on March 15<sup>th</sup>**.

Thank you for your cooperation

### Our Deepest Sympathy

To the family, friends, and supporters of

Mary Eileen Chisholm

and

Mary Lilian MacDonald

and

Martin Angus Charles MacDonald

Please keep them all in your thoughts and prayers during this most difficult time.

### Bulletin Submissions

Please send to Jean Collins at [jeanpcollins@icloud.com](mailto:jeanpcollins@icloud.com) or call 902-863-2482 before Thursday.

Please let me know if you would like to receive a copy of the bulletin each week via email.

## Our Parish Priest

### Fr. Tom Stephan

**In addition to serving** at Mass and on our Parish Councils, Fr. Tom organized Religious Education programs for First Holy Communion and Confirmation candidates. He is also available for baptisms, weddings, and funerals, to bless your home, to pray for yourself and your loved ones, to hear confessions, to anoint the sick and dying, to visit with those who are isolated and lonely, and to bring communion to those who are unable to attend Mass.

**Fr. Tom can be reached at:**

(437) 366-0731 (cell); (902) 783-2631 (glebe);  
and [tomstephan1june@gmail.com](mailto:tomstephan1june@gmail.com)

## Sisters of St. Martha

FREE PUBLIC EDUCATION SERIES

## Healing the Divide: a Journey of Reconciliation

### YOUR INVITATION TO LEARN

Take part in a dynamic and engaging workshop led by Martha Justice Ministry Core Group members Joanne Tompkins, Olga Gladkikh, and Sr. Donna Brady. Expand your knowledge in an interactive way!

SUNDAYS  
2 PM - 4 PM

MARCH  
9, 16, 23, 30

BETHANY  
RESOURCE  
CENTRE

March 9: Dispossession, Dependency, and Oppression

March 16: Beyond Apologies

March 23: Pathways to Decolonization

March 30: Re-Indiginization: "Two-eyed seeing"



REGISTER BY EMAIL  
[justice@themarthas.com](mailto:justice@themarthas.com)  
\*limited to 25 people

## Website

### Resources for Prayer and Reflection

The bulletin, scripture readings, homily, and other resources for prayer and reflection, are available on our website each week by **Friday** evening.

**Recent addition:** Seven Ears of Grain, March 3, 2025;  
Witness to Hope - Lent 2025.

Go to: [www.saintjosephscatholicchurch.org](http://www.saintjosephscatholicchurch.org)

## Diocese of Antigonish

### Prayer for the Health and Recovery of Pope Francis

Message by the Most Rev. William T. McGrattan,  
CCCB President

*"I wish to assure the faithful of Canada that I am united with my brother Bishops in praying for the full recovery of the Holy Father, Pope Francis, as he continues to lead the Church with courage and a generosity of spirit.*

*"I invite individuals, families, parishes, and all Catholic movements and associations in Canada to join their local Bishops in lifting up Pope Francis in their prayers and intentions.*

*"May the Lord, through Our Lady's powerful intercession, grant him renewed strength, health, and energy in his vocation to serve the Church as the Successor of Peter and the Vicar of Christ on earth."*

**Prayer for the health and recovery of Pope Francis -  
Canadian Conference of Catholic Bishops**

### Three Years of War in Ukraine

We remember in a special way the lives lost, those countless people who have been displaced, and those suffering in Ukraine and beyond.

During this time of reflection, we encourage everyone to pray for an end to violence and for the restoration of peace and dignity for all people.

May our prayers provide strength and hope to everyone affected by conflict in our communities and around the world.

<https://www.antigonishdiocese.com/prayers-for-the-ukraine/>

### Development and Peace/ Caritas Canada

#### SHARE LENT 2025



Our Share Lent campaign: **Turn Debt into Hope** responds to Pope Francis's call to be "Pilgrims of Hope" in the Jubilee year. We are counting on you to get Canadians to contribute to a just future, where countries of the Global South are freed from crushing financial debt and repaid the ecological debt they are owed.

Local contact in our diocese: Winnie Odo

[twinnieodo@seaside.ns.ca](mailto:twinnieodo@seaside.ns.ca) 902-862-2330 or 902-322-1864

## Diocese of Antigonish

### A Message From Bishop Wayne Kirkpatrick

Most current Public Health restrictions and mandates have ended, but this does not mean that the risk of infection has ended. It will be important to use personal public health measures, both individually and collectively, to help keep each other safe, especially those who are at risk of severe disease due to age and/or underlying health issues.

Masking and social distancing are no longer required. However, we still encourage masking and social distancing in our churches. We need time to make the adjustment to the "new-normal" as we learn to live with COVID.

I will continue to dispense from the obligation to attend Sunday Mass for people who may not be able to attend for health reasons, as well as for those who care for them.

### Online Masses

#### Weekly Mass - Livestream (Video)

From St. Ninian's Cathedral

Every Sunday - 10:30 am

On our website: <https://www.saintninian.ca>

On our Facebook page: <https://www.facebook.com/stninian.cathedral/>

#### Mass for Shut-Ins

Sundays at 11:30 am on CTV

Recordings are available for viewing on our [website](#) and on our [Diocese of Antigonish YouTube Channel](#)

#### Diocese of Antigonish YouTube Channel

<https://www.youtube.com/channel/UCPYevnyrNU6zIWHdH8KJ71w>

#### Churches Online

<https://www.antigonishdiocese.com/churches-online/>

#### Daily TV Mass:

from the National Catholic Broadcasting Council  
<https://dailytvmass.com/>

### An Act of Spiritual Communion

My Dearest Jesus, I believe that You are present in the most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot, at this moment, receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen.