

The Catholic Communities of St. Joseph's St. Patrick's & St. Paul's

UNITED IN FAITH

Parish Priest

Fr. Tom Stephan

Cell phone: 437-366-0731

Email: tomstephan1june@gmail.com

St. Joseph's Church

2730 Ohio East Rd., PO Box 1022,
Antigonish, NS B2G 2S3

Mass Time:

Saturday 4:00 pm

Parish Council Chairperson:

Jerome Grant: (902) 867-1160

jerome.grant@ns.sympatico.ca

Website:

www.saintjosephscatholicchurch.org

St. Patrick's Church

590 Highway 7, Lochaber, NS B2G 2L3

Phone: (902) 783-2631

Mass Time:

Sunday 10:00 am

Parish Council Chairperson:

Carol Young: (902) 867-6367

youngcarip@gmail.com

St. Paul's Church

8033 Hwy 7, Sherbrooke, NS B0J 3C0

Mass Time:

Sunday 11:30 am

Parish Council Chairperson:

Rennie Beaver: (902) 833-2341

aubrey.carol@ns.sympatico.ca

The Woman at the Well



Third Sunday of Lent

March 12th, 2023

🙏 **Prayer Requests** 🙏

Father God

We lift up all those who are facing illness today. We ask that you would bring healing, comfort, and peace to their bodies, calm their fears, and let them experience the healing power of your Love.

In Jesus' name. Amen

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MONUMENTS
ANTIGONISH

St. Joseph's Lakeside Community Center

*It's a beautiful facility. Excellent for banquets,
weddings, and conferences.*

Phone: (902) 867-2626

*St. Joseph's Parish thanks all our weekly Bulletin Sponsors.
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* Creation and original printing of our Bulletin Ads by

CACL (902)863-5024 Email: info@caclantigonish.ca

St. Joseph's Church

Revised Covid -19 Protocols

St. Joseph's Parish Council has made some changes to it's Covid-19 precautions. We continue to support the wearing of masks and sanitization of hands. **Please see Page 5.**

Please be kind and considerate of our many elderly and vulnerable parishioners, and stay home if you are coughing or sneezing, or have any other symptoms of Covid-19.

Lector for Mass

Saturday March 11th - 4:00 pm - Janet Dewar

Parish Council Meeting



Our next regular meeting of Parish Council will take place on **Wednesday, March 15th at 7:00 pm** in the Pioneer Room. All parishioners are welcome to attend.

Collections for March 4th

Regular \$490 (21); Loose \$10; Church Maintenance \$20 (1) Social Action \$90 (1); Cathy's Place Cancer Resources \$50

Special Collection for Lent

Consistent with our past thoughtful practices, we are initiating a special collection for Lent for those who wish to make a donation to a local charity. This year, Parish Council recommends two organizations in need of funds:

Antigonish Food Bank

Cathy's Place - Cancer resources

Please place your donation in an envelope, with your name, envelope #, and the charity of your choice, and place it in the regular collection at Mass. Special envelopes are available at the back of the Church for your convenience. The amount of your donation will be included in your total donations for the year 2023 Income Tax Receipt.

Website

The bulletin, scripture readings, homily, and resources for prayer and reflection, are available each week on our website by **Friday** evening.

Go to: www.saintjosephscatholicchurch.org

St. Joseph's Church

Please Note Mass Time Change

Saturday Mass at 5:00 pm starting March 18th



Community Events

Nova Scotia Government

Heating Assistance Rebate Program

The Heating Assistance Rebate Program helps low- and moderate-income Nova Scotians with the cost of home heating. Rebates are **\$1,000 for each household**. You can apply until March 31st 2023.

To qualify for the rebate, you need to pay for your own home heating costs and have a household income of \$85,000 or less.

To check eligibility requirements and to apply online, go to:

<https://beta.novascotia.ca/apply-heating-assistance-rebate-heating-assistance-rebate-program>

Grief Group For Survivors Of Suicide

When someone dies by suicide, grief is complicated. There are unique struggles and questions.

This is normal... and you're not alone.

These facilitated meetings are open for anyone who has lost someone to suicide.

Dates: March 22nd, April 26th, May 24th, June 28th, from 7:00 pm to 9:00 pm at St. Paul's Anglican Church

Call **(902) 863-5089** or email rector3harbours@gmail.com for more information.

Bulletin Submissions

Please send to Jean Collins at jpcollins@eastlink.ca or call **902-863-2482** before Thursday.

Please let me know if you would like to receive a copy of the bulletin each week via email.

Lenten Reflections

Lent 2023: Care For Our Common Home

Lent comes at a time when the daytime hours are ‘lengthening’, as spring approaches, and so it is a time when we too can ‘lengthen’ spiritually, when we can stretch out and grow in the Spirit.

Bishop Wayne Kirkpatrick

Read Bishop Kirkpatrick's letter, download our Lenten poster and calendar, and reflect with diocesan hermit Sheila O’Handley, all on Our Blog:

<https://www.antigonishdiocese.com/lent/>

Lenten Book Study

A Journey of Love and Hope: The Inspirational Words of a Mi’kmaw Elder

Sister Dorothy Moore, CSM

Sundays in March (March 5, 12, 19, and 26) at 2:00 pm
Bethany Resource Centre Gathering Room, Antigonish
Hosted by Martha Justice Ministry

This book invites readers into greater clarity as we engage with the complex issues of truth and reconciliation. Our companion is a woman who chose love and hope as her guiding stars helping her to make sense of life’s journey.

To register, please contact Darlene at justice@themarthas.com or call **902-863-3218**

Canadian Conference of Catholic Bishops

Journey Through Lent

This video series includes reflections on the readings on Ash Wednesday and each Sunday in Lent.

Bishop Brian Dunn will provide reflections in English, and Cardinal Gérard Cyprien Lacroix in French.

<https://cccb.us2.list-manage.com/track/click?u=60a646aaa3adcf048918acebd&id=8f9e25b178&e=6224a14c1a>

Development & Peace - Share Lent Campaign

Create Hope — Stand For the Land — 2023
begins Ash Wednesday and ends on
Solidarity Sunday, March 26th.

To learn more and support our mission, call us toll free at **1-888-234-8533** or visit our website:

<https://www2.devp.org/en/civicrm/contribute/transact?reset=1&id=4>

Diocese of Antigonish

A Message From Bishop Wayne Kirkpatrick

Most current Public Health restrictions and mandates have ended, but this does not mean that the pandemic has ended. It will be important to use personal public health measures, both individually and collectively, to help keep each other safe, especially those who are at risk of severe disease due to age and/or underlying health issues.

Masking and social distancing are no longer required. However, we still encourage masking and social distancing in our churches. We need time to make the adjustment to the “new-normal” as we learn to live with COVID.

Those who may not be able to attend church for health reasons or due to other COVID-19 restrictions are dispensed from the obligation to attend Sunday Mass.

Online Masses

Weekly Mass - Livestream (Video)

From St. Ninian’s Cathedral

Every Sunday - 10:30 am

On our website: <https://www.saintninian.ca>

On our Facebook page: <https://www.facebook.com/stninian.cathedral/>

Mass for Shut-Ins

Mass for Shut-Ins is aired on **Sundays at 11:30 am** on CTV, or it can be viewed on demand on our Diocese of Antigonish YouTube channel.

Diocese of Antigonish YouTube Channel

<https://www.youtube.com/channel/UCPYevnyrNU6zIWHdH8KJ71w>

Churches Online

<https://www.antigonishdiocese.com/churches-online/>

Daily TV Mass:

from the National Catholic Broadcasting Council
<https://dailytvmass.com/>

An Act of Spiritual Communion

My Dearest Jesus, I believe that You are present in the most Holy Sacrament. I love You above all things, and I desire to receive You into my soul.

Since I cannot, at this moment, receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen.

ST. JOSEPH'S CHURCH COVID-19 PRECAUTIONS

Effective March 21st the mandate for Covid-19 regulations was lifted by the Provincial Dept. of Health.

This is news that many people will be glad to hear; however, there are many others who may be nervous about it.

In an effort to continue to control the spread of the Covid-19 virus we offer the following recommendations for weekly Mass attendance for your consideration. We do recognize these recommendations are optional, and the final choice is yours as to whether you accept or reject any or all of them.

....continue to wear Face masks

....continue to sanitize hands at the church entrance and before receiving communion

....continue to maintain social distancing for procession to and from receipt of communion

Hand sanitizing stations are available at the entrance to the church, and in the center isle for use before receiving communion. Extra bottles of sanitizer are also available at the back of the church for those who prefer to use them.

In summary, we are simply giving parishioners an opportunity and hopefully a comfort level to help you feel safe attending Mass, and at the same time attempt to control/prevent the spread of the Covid-19 virus.